

Grapevine-Colleyville ISD School Health Advisory Council

Meeting Minutes
Bronco Bowl
5800 Colleyville Ave.
Colleyville, TX
February 13, 2019

All members below are Parents except where denoted.

Members Present: Dida Abrahams; Joy Arita; JoAnna Avakian; Amy Blueitt; Toni Bourgeois (District); Jennifer Brown; Melissa Critz; Tanginika Cuascud (Parent, Chair); Jennifer Dagnan; Jennifer Ditto; Kathy Galloway; Tisha Ghormley; Tonia Goin; Rachel Harper (District); Megan Holladay (Parent, Co-Chair); Staci Houglan; Amy Howard (District, Director of Health Services); Summer Little; Bridget Moore; Ozioma Olowu (M.D.); Stephanie Pulley; Julie Robertson; Joe Sanchez; Jennifer Shepherd; Christy Spivey (Parent and Secretary); Jennifer Stehling; Danna Swartz; Nicki Tieken; Julie Touchstone; Joe Troutman; Allison Wendler; Stephanie Williams

Members Absent: Stacey Amerson; Tina Beenc; Catherine Bethards; Courtnee Birdwell; Lacey Brookover-Ybarra (District); Sarah Burey; Brigitte Callihan; Anita Clayton (District); Meredith Coleman; Samantha Conner; Robin Davis (District); Marcie Frazier; Emberly Hill (District); Charlene Kaase; Yony Kim; Krista Kraja; Valerie Kunert; Jennifer Lemke; Mindy Matlock; Camille Matthews (District); Carissa Meyer; Vicky Mobley; Mary Newlun (District); Allison Orlor; Tracie Papadakis; Lindsey Pettigrew; Larissa Poveda; Jennifer Richards; Elissa Rinon; Julie Rockaway; Rebecca Rodriguez; Roxanne Schreiner; Mike Sexton; Juliana Stonis; Greg Takacs; Alex Thomas; Robin Thomas-Weier; Amy Thompson; Heather Turrentine; Robin Waggoner; Beth Williams

Visitors Present: Deven Barry, Katharine Esser, Odelle Limansero, Tony Zahn

1. Welcome and Opening Remarks

- A. Members and visitors signed in.
- B. The Meeting was called to order at 8:00 by Amy Howard, motion by Stacy Houglan and seconded by JoAnna Avakian
- C. The meeting agenda was approved motion by Stacy Houglan and seconded by JoAnna Avakian

1. Open Forum

- A. Tisha Ghormley asked about update of timeline; Amy Howard answered that it has been posted on the website
- B. Joanna Avakian asked about how we are moving forward with sexual education; Amy answered we need to make sure all campuses are represented before we can move forward

2. Kathryn from Women's Center spoke about Play it Safe

- A. Want to add an activity book for elementary children 2nd – 4th year for first year, 2nd grade in the following years; they can take it home and have parents review it for them

- B. Tisha Ghormley asked about funding of the Women's Center. It is funded mostly by private donors.
- C. Motion to approve by Jennifer Brown; seconded by Tisha Ghormley; vote to approve additional activity book passed

3. Parent Education on Health News: E-cigarettes and Jouling

- D. Amy Howard shared Surgeon General advisory on e-cigarettes and jouling – current e-cig use increased 78% among high school students in last year. One joule is equivalent to smoking 20 cigarettes. These products contain nicotine salts, which allow high levels of nicotine to be inhaled more easily with less irritation. See e-cigarettes.surgeongeneral.gov to download the advisory and for more information. There is a tip sheet on how to talk to your teen about these products.
- E. Member passed around an e-cigarette that she confiscated from a teenager at her house.
- F. Tisha Ghormley mentioned that this is a legislative season and that GCISD parents and advocates are travelling to Austin on a bus on February 25. She also asked about sensors in the bathroom; follow up needed.
- G. Member suggested that SHAC sponsor a parent information session on this topic. Amy mentioned that counselors did have a speaker. Member said that drug counselor Marcine Weatherall will speak at Bear Creek Intermediate next Wednesday 6pm.
- H. Need to follow up on what district is doing to discourage use. GCISD does have an anonymous reporting system to encourage students to report (See Something, Tell Something).
- I. Member asked if SHAC can create a flyer to share with district parents via Peach Jar.
- J. Megan Holladay suggested the series by Vice News on this topic. Young influencers are paid by companies to post videos jouling.
- K. Tisha Ghormley suggested creating a SHAC position focused on Communication and Education.

2. Elections

- A. Elections will be held in April. Will send fact sheet about elections, detailing what is entailed for anyone interested in running for positions as Chair, Vice-Chair, and Secretary. There is also a district liaison, Amy, not up for election.

1. By-Law Changes

- A. Tisha Ghormley suggested forming a by-laws committee and try to approve changes before election. Joe Troutman doubted this could be done via Robert's Rules; may need a first reading in April and then a second reading in person prior to approval of new by-laws.
- B. Chair will appoint a sub-committee to revise by-laws; will take volunteers of those interested.
- C. Once by-laws are changed, then membership must be revamped. Reviewed the data on what schools are not represented on SHAC; Dove, Silverlake, Bear Creek, Collegiate Academy not currently represented. Reviewed what percentage of SHAC members represent middle, high, and elementary schools (almost 50% elementary currently).
- D. By-laws state that if you miss two or more meetings, then board can ask you to step down. Board has started sending emails asking those who have missed two or more meetings to step down as a voting member.

E. Sign-up sheet was passed around asking who is interested in serving on the sub-committee. Time was set on the 27th at 8:30 for first meeting of subcommittee. Members who signed up: Stephanie Pulley, Amy Blueitt, Tisha Ghormley, Nicki Ticken; Jennifer Bary, JoAnna Avakian, Julie Touchstone, Kathy Galloway, Staci Houglan, Julie Robertson, Christy Spivey, Megan Holladay, Tanginika Cuascud, Amy Howard, Alex Thomas (signed up later), Tina Beene (signed up later)

2. Next Meeting

April 10, 2019, 8:30am Bronco Bowl

3. Adjournment

The meeting was adjourned at 9:38 by Dr. Tanginika Cuascud (Chair)

Respectfully Submitted,

Christy Spivey
Secretary
SHAC

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