

Grapevine-Colleyville ISD School Health Advisory Council

Meeting Minutes

PDEC Panther Den

5800 Colleyville Ave.

Colleyville, TX

September 12, 2018

All members below are Parents except where denoted.

Members Present: Dida Abrahams; Stacey Amerson; JoAnna Avakian; Tina Beene; Catherine Bethards; Courtnee Birdwell; Toni Bourgeois (District); Laura Brookover-Ybarra (District); Sarah Burey (District); Meredith Coleman; Samantha Conner; Melissa Critz; Tanginika Cuascud (Parent, Chair); Jennifer Dagnan; Robin Davis (District); Jennifer Ditto; Marcie Frazier; Kathy Galloway; Tisha Ghormley; Tonia Goin; Rachel Harper (District); Emberly Hill (District); Staci Hougland; Amy Howard (District, Director of Health Services); Charlene Kaase; Yony Kim; Krista Kraja; Valerie Kunert; Jennifer Lemke (District); Summer Little; Mindy Matlock; Camille Matthews (District); Carissa Meyer; Mary Newlun (District); Ozioma Olowu (M.D.); Tracie Papadakis; Stephanie Pulley; Julie Rockaway; Rebecca Rodriguez; Roxanne Schroeder; Mike Sexton; Jennifer Shepherd; Edna Katherine Smith (?); Christy Spivey (Parent and Secretary); Jennifer Stehling; Juliana Stonis; Danna Swartz; Alex Thomas; Amy Tomlinson; Julie Touchstone; Joe Troutman; Robin Waggoner; Stephanie Williams; Tony Zahn (District)

Members Absent: Jennifer Allen; Rachua Agrawal; Lisa Austin; Cassie Barrera (?); Sarah Bates (?); Jennifer Brown; Tara Caldwell; Brigette Callihan; Daulat Chagani; Anita Clayton (District); Kim Cooper; Kristin Crowley; Dawn Diaz; Betsy Dodson; Donna Ebarb; Lee Ekstam; Emily Emmet; Renee Esses; Sara Gergely; Ashli Hall; Jodi Hamilton; Jennifer Herlevic; Megan Holladay (Parent, Co-Chair); Tamra King; Stacie Kinsey; Kim Hoggart Krumwiede; Sadi Leverett; Marisa Livingston; Kristen Martin; Bridget Moore; Nicole Naja; Demetria Parma; Larissa Poveda; Jennifer Richard; Elissa Rinon; Julie Robertson; Mindy Russell; Shannon Salinsky; Joe Sanchez; Stacey Silverman; Vanessa Steinkamp; Margo Sturgeon; Greg Takacs; Nicki Tieken; Lisa Thorn; Courtney Walters; Corey Ward; Allison Wendler; Beth Williams

Visitors Present: Meredith Arms; Julianna Danielsson; Tamara Jenkins; Erin Karper; Odette Limosnero; Jeff Livingston; Jennifer Marks; Jodi Millsap;

1. Welcome and Opening Remarks

A. Members and visitors signed in.

- B. The Meeting was called to order at 8:33 by Dr. Tanginika Cuascud (Chair)
- C. The meeting agenda was approved.
- D. Members and guests introduced themselves.
- E. The minutes of the May 7, 2018 meeting were approved.

2. Open Forum

- A. Question about open process for SHAC; unlimited amount of people can talk for up to 5 minutes
- B. Question about implementing a sex education/suicide prevention in elementary to make transition to middle school easier – Emberly will address later in meeting
- C. Suggestion for watching puberty video before Aim for Success videos - deemed possible that both can be shown in the Spring
- D. Information about Ride for Kids for children with brain tumors provided to make families aware
- E. Suggestion to review Health TEKS Crosswalk – Amy showed where answers can be found on the website
- F. Concern about kids having access to YouTube when iPads are brought home. Can it be made possible to disable YouTube or add a password to iPads? Amy will look into this.

3. Programs for Middle School on Alcohol and Tobacco – Emberly Hill

- A. District is looking at new programs, such as toogood.org to involve SROs. District currently uses All-Stars for 6th grade guidance. SROs have expressed a desire to get involved with students and help with guidance.

4. Suicide Prevention – Emberly Hill

- A. District is required by state to do suicide prevention starting in middle school. Currently use SOS. District is looking at an additional program called Hope Squad Suicide Prevention, which helps identify and train trusted children in the school to get their peers help. They are considered mental health ambassadors. Kids identify who they consider trusted peers. Parents can be involved and identified as a trusted adult and go through training. Would like to use in secondary schools starting in Spring 2019. There is an elementary program, which may take more work to implement. A larger discussion needs to take place about elementary students.
- B. Concern was brought up that a child should not be responsible for others' mental health when they have not been shown the puberty video yet. Emberly pointed out that trusted children

will have counselors and adults as support so they do not feel burdened. Parents of trusted children will be kept well-informed.

C. Parent spoke about how he wished this program was around when he was in school, as peers came to him with heavy subject matter. He was not trained on how to deal with this, and it affected him into adulthood.

D. Question was asked how students will know who the trusted children are. Emberly said one possibility is Hope Squad t-shirts, but this is still under discussion.

E. Question was asked if we can bring in someone with expertise on this program before implementing it and if SHAC would be able to vote on it. Emberly suggested looking at videos and information at hopesquad.com and the Jordan Elizabeth Foundation website. Tony stated that he doesn't believe SHAC is required to approve such a program.

F. Question was asked what resources are currently in place for student mental health. Emberly mentioned the extensive list that the district has with resources for students. More would be better.

G. Concern was brought up that only the trusted children will receive training. It was stated that all students receive some training on suicide prevention through SOS.

5. New law passed on interacting with a police officer on campus (high school students)

A. High schoolers are getting training on appropriate interaction with police officers via assemblies; all should be completed soon. This will go on their transcript.

6. Changes in Spinal Screening

A. Girls have been screened at 10 and 12. Boys have been screened at 13 or 14. School districts were not happy with this. The state said girls will be screened in 5th and 7th grades in the Fall and boys in 8th grade in the Fall.

7. Epi-Pens Expiration Date Extended

A. Epi-pens are backordered and expiration date has been extended 4 months due to this. AUVI-Q may be able to get them sooner. Epi-pen Junior program for elementary schools may have to be suspended.

B. Working on making sure an adult trained to administer Epi-pens is always available when students are on campus.

C. Parent stated that an Epi-pen in school saved her child's life and stressed that families would be happy to give an Epi-pen to schools. There are liability issues with

this since they must be stored at a specific temperature. Another parent stated that PTAs would be happy to purchase them if needed.

8. Question was asked when we will address sexual education next

- A. SHAC members were invited to bring in presenters with relevant information and data regarding sexuality education for the November meeting.
- B. One suggestion was made to survey high school seniors – Amy pointed out parent concerns with sending out surveys
- C. SHAC plans to administer a survey to relevant GCISD staff, such as nurses and counselors, to ask for their feedback and what needs are not being met regarding sexuality education.
- D. Concern was expressed that this should not be ongoing indefinitely, even though there is no deadline imposed on SHAC.
- E. There was a discussion surrounding the resistance of some SHAC members to abstinence-plus sexuality education.
- F. School board member Louie Sullins gave a pep talk about what we as a committee need to do; use the laws and the data as our guardrails to try and reflect all values.

9. Next Meeting

Special meeting on November 14, 2018 8:30am, in the Bronco Bowl in PDEC building

10. Adjournment

The meeting was adjourned at 10:15 by Dr. Tanginika Cuascud (Chair)

Respectfully Submitted,

Christy Spivey
Secretary
SHAC