

Grapevine-Colleyville ISD School Health Advisory Council

Meeting Minutes

Colleyville, TX

May 7, 2018

Members Present: Abrahams, Dida (P); Amerson, Stacy (P); Avakian, JoAnna (P); Beene, Tina (P); Bourgeois, Toni (D); Brookover-Ybarra, Laura (D); Brown, Jennifer (P); Burey, Sarah (D); Cuascud, Tanginika (P) (Chair); Dagnan, Jennifer (P); Davis, Robin (D); Ditto, Jennifer (P); Galloway, Kathy (P); Ghormley, Tisha (P); Harper, Rachel (D); Holladay, Megan (P), (Vice-Chair); Hougland, Staci (P); Howard, Amy (D); Kaase, Charlene (P); Kunert, Valerie (P); Lemke, Jennifer (P); Martin, Kristen (P); Matlock, Mindy (P); Matthews, Camille (D); Newlun, Mary (D); Shepherd, Jennifer (P); Spivey, Christy (P); Stehling, Jennifer (P); Swartz, Danna (P); Tieken, Nicki (P); Thomas, Alex (P); Touchstone, Julie (P); Troutman, Joe (P), (Secretary); Walters, Courtney (P)

Members Absent: Agrawal, Rachua (P); Austin, Lisa (P); Birdwell, Courtnee (P); Caldwell, Tara (P); Callihan, Brigitte (P); Chagani, Daulat (P); Clayton, Anita (D); Cooper, Kim (P); Crowley, Kristin (P); Ebarb, Donna (P); Emmet, Emily (P); Esses, Renee (P); Gergely, Sara (P); Hall, Ashli (P); Hill, Emberly (D); King, Tamra (P); Leverett, Sadi (P); Livingston, Marisa (P); Meyer, Carissa (P); Moore, Bridget (P); Naja, Nicole (P); Olowu, Dr. Ozioma (P); Papadakis, Tracie (P); Parma, Demetria (P); Price, Donna (P); Richard, Jennifer (P); Russell, Mindy (P); Salinsky, Shannon (P); Sexton, Michael (P); Sturgeon, Margo (P); Thorn, Lisa (P);

Visitors Present: Goin, Tonia; Povedo, Larissa; Sandvick, Jocelyn

(D) - District Employee (P) - Parent

1. Welcome and Opening Remarks

- A. Members and visitors signed in.
- B. The Meeting was called to order at 8:35 by Dr. Tanginika Cuascud (Chair)
- C. Members and guests introduced themselves.
- D. The meeting agenda was presented and approved.
- E. The minutes of the April 9, 2018 meeting were presented and approved.

1. Executive Board Elections

- A. Nominations for offices of the Executive Board have been open for the past six weeks.
- B. Nominations received:
 - 1) Tanginika Cuascud and Jennifer Dagnan-Bargy for Chair.
 - 2) Megan Holladay for Co-Chair
 - 3) Christy Spivey for Secretary
 - 4) All positions are open for write-in votes
- A. 24 ballots cast
 - 1) Chair:

- a. Cuascud: 13
- b. Dagnan-Bargy: 11
- 2) Co-Chair: Holladay: 23
- 3) Secretary:
 - a. Spivey: 22
 - b. Avakian (write-in): 1

2. Sex Education Curricula Presentation

- A. Stephanie Herbert (M.Ed.) of Cardea Services presented on the available sex education curricula based on GCISD expectations.
- B. Goals of school-based sexuality education:
 - 1) To provide accurate information about human sexuality
 - 2) To provide an opportunity for young people to develop and understand their own values, attitudes, and insights about sexuality
 - 3) To help young people develop relationships and interpersonal skills
 - 4) To help young people exercise responsibility regarding sexual relationships
- A. 10 Characteristics of Effective Sex Education
 - 1) Focused—one or more sexual behaviors
 - 2) Deliver and consistently reinforce a clear message
 - 3) Basic, accurate information about risks, ways to avoid risks, or to use methods of protection
 - 4) Address social pressures that influence sexual behavior
 - 5) Practice skills—communication and ____
 - 6) Developmentally, culturally appropriate
 - 7) Diverse teaching methodologies
 - 8) Theory based
 - 9) Sufficient length of time (more than a few hours)
 - 10) Knowledgeable, supportive, trained teachers/peer educators
- B. Types of Sex Education Programs
 - 1) Abstinence-Only-Until Marriage
 - 2) Abstinence-Plus
 - 3) Texas State Policy:
 - a. If sex ed is taught, it must:
 - (1) Present abstinence from sexual activity as the preferred choice of behavior in relationship to all sexual activity for unmarried persons of school age;
 - (2) Devote more attention to abstinence from sexual activity than to any other behavior;
 - (3) Emphasize that abstinence from sexual activity, if used consistently and correctly, is the only method that is 100 percent effective in preventing...the emotional trauma associated with adolescent sexual activity;
 - (4) Direct adolescents to a standard of behavior in which abstinence from sexual activity before marriage is the most effective way to prevent pregnancy, STDs, and infection with HIV or AIDS; and
 - (5) Teach contraception and condom use in terms of human use reality rates instead of theoretical laboratory rates, if instruction on contraception and condoms is included in curriculum content.
 - a. Additionally, a school district may not distribute condoms in connection with instruction relating to human sexuality.

- 1) What's Being Taught in Texas:
 - a. A Quarter (25.1%) of Texas public schools teach no sex ed at all
 - b. Over half (58.3%) of Texas public schools teach Abstinence-only curriculum
 - c. 16.6% of Texas public schools teach Abstinence-plus curriculum
- 2) What we know about Texas Teens:
 - a. Compared to teens across the US, Texas youth were:
 - (1) More likely to have received No education in school about HIV/AIDS
 - (2) More likely to have used no method of pregnancy prevention
 - (3) More likely to not have used a condom
 - (4) 51.6% of HS students have had sexual activity
 - b. Some of the Ab-plus curricula used in Texas:
 - (1) Big Decisions
 - (2) RRR - Rights, Respect, Responsibility - Free from Internet
 - (3) Puberty: The Wonder Years
- 1) Sex Education Topics and Key Indicators
 - a. Anatomy and Physiology
 - b. Puberty and Adolescent Development
 - c. Identity
 - d. Pregnancy and Reproduction
 - e. Sexually Transmitted Diseases and HIV
 - f. Healthy Relationships
 - g. Personal Safety
- 1) Next Steps:
 - a. Grade levels?
 - b. Curricula?
 - c. Realistic implementation goal?
- 2) Parent/Community Engagement
 - a. Surveys
 - b. Workshops
 - c. Homework

1. Adjournment

The meeting was adjourned at 10:55 by Dr. Tanginika Cuascud (Chair)

Respectfully Submitted,

Joe Troutman
Secretary
SHAC